

Dr Désirée Gonzalo is an Individual Schema Therapist for adults. She trained in Clinical Psychology at the Institute of Psychiatry, King's College London, doctorating in 2008. Previously, Dr Gonzalo obtained a PhD in Cognitive Neuroscience and worked as a brain researcher in laboratories in England and Germany. She currently works as a private practitioner in Prague and runs the Counselling Service at Anglo American University. Dr Gonzalo has a special interest in the areas of trauma and personality disorders. She has published and presented research internationally in the areas of multisensory integration, in psychological work with college students, and general mental health among expats.